

FACULTY-STAFF RETREAT – FRIDAY, 7 DECEMBER 2018

On Friday, 7 December, we will have our annual faculty-staff retreat. This year, we will be at the Seminary of the Immaculate Conception in Huntington, NY. It is a beautiful space and location. We will be the only ones there that day; we will have the opportunity to walk around the grounds and enjoy the beauty. I have attached the directions and the schedule. I have listed below some guidelines for the day.

- Our theme for the day is “On Advent Tiptoe of Expectation: Something New?”
- The retreat leader is Fr. Thomas Marciniak, S.J. He will be directing the entire retreat. As you can see from the schedule, there will be time for a guided meditation, small group discussion, lunch, and Mass. There will also be about 40 minutes of free time when you can pray on your own, walk the grounds, or go to Confession.
- We can arrive any time after 7:45 a.m. Please be sure to be there by 8:30 so we can start on time.
- When you arrive, please follow the signs for the Visitor Entrance. There is a parking lot there.
- Enter the building through the Student Entrance; then go up the staircase. You will come to the Refectory. There will be coat racks and a reception table there. You will get a name tag with your small group number on it.
- We will have breakfast food from 7:45 to 8:30: coffee, tea, juice, bagels, danish, fruit, and yogurt.
- Most of our time will be in the Main Meeting Room. We will get directions to the room when we are there.
- There will be 40 minutes for small group discussion. This will be in various rooms; we will be directed when we get there.
- Our lunch will be at 11:45 in the Refectory. We will start with communal prayer. The lunch will be the meal for the staff: salad bar, soup, and hot entrée.
- The dining services people have asked me to inquire about 3 things for food:
 - Please let me know if you have any food allergy.
 - Please let me know if you want a vegan or vegetarian option for lunch.
 - Please let me know if you want a gluten-free option for lunch.
- Dining services will accommodate these requests. Please let me know by **Friday, 30 November**.
- Lunch will be followed by Mass. We will depart directly after Mass.

The Spirituality Committee has put a lot of work into this retreat. Eric Hafker and Fr. Tom have spoken several times to plan out the day. It promises to be a great day. Thank you for your openness and help in making the day a great retreat.

Joseph Castellano

DIRECTIONS to the Seminary of the Immaculate Conception
440 West Neck Road
Huntington, NY 11743
631-423-0483

FROM THE WEST:

- Take the L.I.E. East to Exit 41N: NY 106N, 107N
- Stay right to continue on 106N.
- At Northern Blvd., Route 25A East, turn right.
- In Cold Spring Harbor, turn left onto Shore Road: 0.7 miles.
- Turn right onto Snake Hill Road: 0.7 miles.
- Turn right onto Jennings Road: 0.2 miles.
- Turn left onto Middle Hollow Road: 0.8 miles.
- Turn left on West Neck Road: 1.2 miles.
- Follow the direction to the Visitor's Entrance

FROM THE EAST

- Take the Northern State Parkway to Exit 42N: County Road 35 – Deforest Road: 0.2 miles.
- Turn right onto Deer Park Avenue: 1.2 miles.
- Deer Park Ave. becomes Park Ave. after Jericho Turnpike. Continue on Park Ave.: 4.7 miles. Go through Rte. 25A.
- At traffic circle, take first exit onto Creek Road: 0.4 miles.
- Continue on Southdown Road: 0.9 miles.
- Left on John Daves Lane.
- Immediate right onto West Neck Road: 2.0 miles.
- Follow the direction to the Visitor's Entrance

These directions are from Google Maps. You can use your home address for exact directions. To put it another way and more simply, you need to get to Route 25A in Huntington and then turn North on West Neck Road.

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Seminary of the Immaculate Conception, 440 West Neck Road, Huntington, NY
631-423-0483

- 7:45 Arrival: coffee, tea, juice, bagels, danish, fruit, yogurt – Refectory
- 8:30 Opening prayer – Main Meeting Room
- 8:45 Opening presentation – Fr. Thomas Marciniak
- 9:30 Quiet Reflection – Main Meeting Room
- 9:50 Break: free time to go to the chapel, walk around, go outside, go to Confession
- 10:30 Guided Meditation – Main Meeting Room
- 11:00 Small Group Discussion – various rooms
- 11:45 Lunch – starting with group prayer: Refectory
- 12:45 Mass – chapel
- 2:00 Depart